

Join Assemblywoman Kimberly Jean-Pierre for:

FREE



# MINDFULNESS IN THE PLAZA

## Yoga & Zumba Fitness Saturdays

### Join Us!

Bring your yoga mat or beach towel for these FREE classes, led by certified Yoga and Zumba instructors. The event will feature vendors, free giveaways - including a free yoga mat (while supplies last). So, be active this summer and join us for Mindfulness in the Plaza!



**Saturday**  
July 22nd & 29th  
August 19th & 26th

8:00 AM Yoga & 9:30 AM Zumba

40 Station Drive, Wyandanch NY

Call 631.253.1663 or email [info@wyandanchplaza.org](mailto:info@wyandanchplaza.org) for more details